

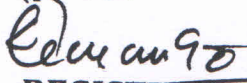
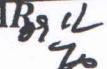
**CIRCULAR**

The Secretary, UGC in his letter dt: 10.11.2016 has stated that the Ministry of HRD vide letter No. 13-65/2015-U5 dt 20<sup>th</sup> October 2016 has desired to issue instructions against availability and sale of Junk food in Higher Education institutions. Banning Junk food in Colleges would set new standards for healthy food and make the students live better and learn better and also reduce the obesity levels in young learners, thus preventing life style diseases which have a direct link with excessive weight.

He has requested the Universities to take necessary action on the following points:-

- *To implement measures to sensitize the students on ill effects of junk food.*
- *Universities can serve as important data sources on student's health. Information on markers help in creating awareness among students towards their health.*
- *Orientation programs for faculty and staff be conducted on health issues.*
- *Wellness clusters should be created under the Students Welfare Department where counseling should be done regarding proper nutrition, proper exercise and healthy habits. These wellness clusters can also provide psychological support to the students to prevent and reduce the incidence of obesity in young students.*

The Chairpersons/Directors/Co-ordinators of Post Graduate Departments/Courses and Principals of University Colleges and affiliated Colleges are requested to take necessary action on the above points.

  
REGISTRAR 

To,

1. The Principal, UVCE/UCPE/ULC
2. The Chairpersons/Directors/Co-ordinators of Post Graduate Department/Courses
3. The Principals of affiliated Colleges, Bangalore University, Bengaluru

**Copy to:**

1. The System Analyst, BUB-to upload in the Website
2. The PS to Vice-Chancellor, BUB